



# WOOD LAKE

**SPRING 2021**

# BOOKS

**CATALOGUE**

# WOOD LAKE

**Publishing  
Quality Books  
Since 1982.**

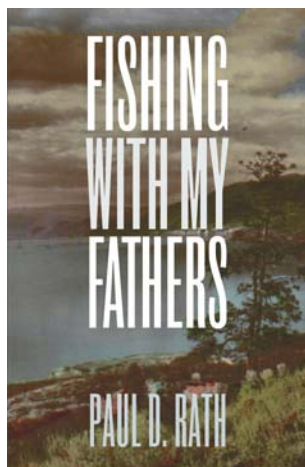


**Wood Lake has  
been telling  
stories for more  
than 35 years.**

During that time,  
it has given form  
and substance to  
the words, songs,  
pictures and ideas  
of hundreds of  
storytellers.

Those stories have taken  
a multitude of forms —  
parables, poems, drawings,  
prayers, epiphanies, songs,  
books, paintings, hymns,  
and curricula.

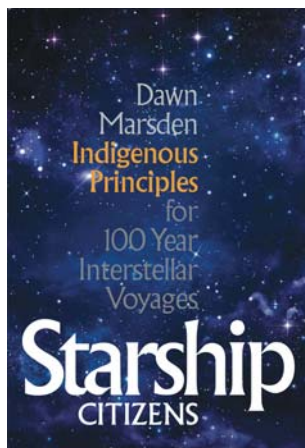
Wood Lake uses the ancient  
and enduring art form of  
storytelling to connect,  
educate, and inspire readers  
of every age and culture.

**Fishing With My Fathers***A Memoir by Paul D. Rath*

This book is like no memoir you've ever read.

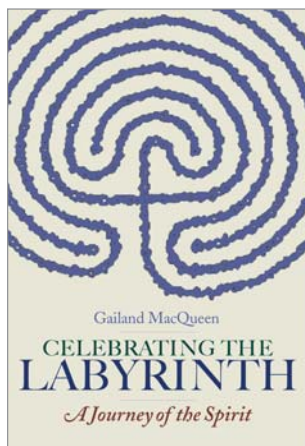
Paul Rath writes with the soul of a poet, his prose alive with vibrant images and metaphors that capture the raw beauty and challenges of fishing for white fish in the frigid November air. Yet this is no mere fish story. As much as this book is about fishing, it is even more about relationships. *Fishing with My Fathers* explores the deep bonds that form between men of the earth, between men and the land and the water and the creatures that feed their spirits. With wonderful humour and genuine sensitivity, he regales the reader with tales of his father, grandfather, great-grandfather, as well as of his mentors – of the men who taught him how to grow up, how to control his emotions, how to work, how to grow his spirit, how to love, as well as how to fish.

ISBN 978-1-77343-408-7 | 192 pages | 5.55" x 8.5" | \$19.95

**Starship Citizens****Indigenous Principles for 100 Year Interstellar Voyages***Dawn Marsden*

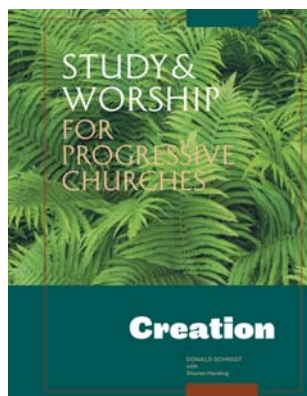
In this insightful exploration, a scholar of Indigenous health and education outlines some of the principles that support Indigenous societies, and how they might enlighten future space voyages. She examines how Indigenous principles can sustain not only the basic needs of space travellers and settlements for equitable distribution of food, air, water, and other resources, but also provide the philosophical, ethical, and social processes that would be needed to underpin the mental health and well-being of future voyagers. She shows how Indigenous ideals can ensure that space voyagers have the ability to have meaningful lives on the planets and in the interstellar space way beyond ours.

ISBN 978-1-77343-398-1 | 88 pages | 4.75" x 7" | \$12.95

**Celebrating the Labyrinth****A Journey of the Spirit***Gailand MacQueen*

Labyrinths have been around for a very long time. In fact, they have been used outside of formal religion as a ritual object to express spiritual values for at least 3500 years in countries all over the world. They can be found at Neolithic and Sardinian and Hopi rock art sites, in Hindu temples and Taoist shrines, bordering Minoan frescoes, and in Roman mosaics. They have been incorporated into Roman Catholic and Episcopal cathedrals, Protestant churches, and in New Age retreat centres. They have been carved into rocks, turf, and wood; engraved in metal; laid out in stones; woven in reeds; set in tiles; painted and drawn. This book tells their stories.

ISBN 978-1-77343-416-2 | 88 pages | 4.75" x 7" | \$12.95



## Creation

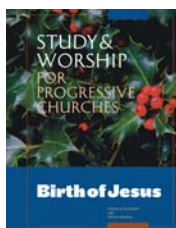
### Study & Worship for Progressive Churches

*Donald Schmidt with Sharon Harding*

This all-in-one study and worship resource includes everything a congregation needs to enable children, youth, parents, and grandparents to share together.

- a complete, newly expanded edition of the original adult study guide *Creation for Progressive Christians*, with five new photocopiable resource sheets for adults
- four weeks of learning resources for children, with full lesson outlines and photocopiable resource sheets
- four weeks of learning resources for youth, with full lesson outlines and photocopiable resource sheets
- prayers for worship, including a "Call to Worship" and an opening or closing prayer for each week
- the scripture for each week, told in a creative way that can be shared easily with the entire congregation
- music with lyrics that fit the progressive themes of the study, with permission for duplication and use within your congregation.

**ISBN 978-1-77343-412-4 | 128 pages | 8.5" x 11" | \$24.95**



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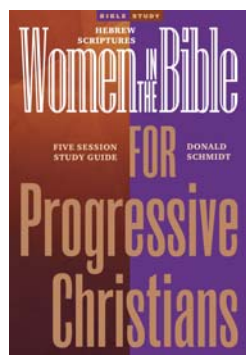
### Birth of Jesus

#### Study & Worship for Progressive Churches

*Donald Schmidt with Sharon Harding*

This all-in-one study and worship resource includes everything a congregation needs to enable children, youth, parents, and grandparents to share together in a four-week Advent study of the biblical stories of the birth of Jesus.

**ISBN 978-1-77343-393-6 | 128 pages | 8.5" x 11" | \$24.95**



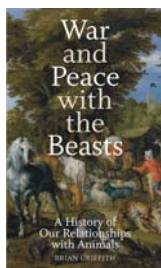
## Women in the Bible for Progressive Christians: Hebrew Scriptures

### A Seven Session Study Guide

*Donald Schmidt*

A progressive Christian look at seven strong women from the Hebrew scriptures. Like most ancient texts, the stories in the Bible are told from a male perspective. Although women often play a crucial role in the most significant events in the Bible, they are usually cast as secondary characters who are less important than the male lead. Or they are cast as mere bit players, as "extras," not even deemed worthy of being named. Yet these are strong women and we do an injustice to the biblical narrative, and a disservice to ourselves, if we gloss over them, or worse, ignore them. This guide explores the stories of seven women from the Hebrew scriptures - Hagar, Sarah, Shiprah and Puah, Miriam, Ruth, and Esther - whose faith and actions changed the destiny of all who followed after them, men and women alike.

**ISBN 978-1-77343-418-6 | 5.5" x 8" | 80 PP | Paperback | \$14.95**



## War and Peace with the Beasts

A History of Our Relationships with Animals

*Brian Griffith*

In this immediately engaging, story- and fact-filled page-turner of a book, Brian Griffith looks at the range of ways we relate to animals and the stories we tell about them. He asks how we choose whether buddyhood, fearful respect, businesslike predation, or genocidal war is the most appropriate response to each species we meet.

**ISBN 978-1-77343-179-6 | 216 pages | 5" x 8.5" | \$19.95**



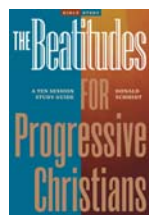
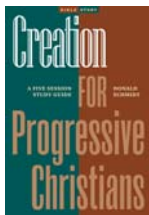
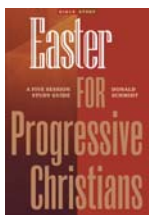
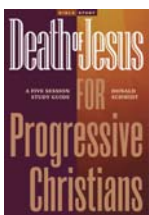
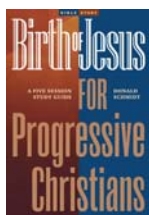
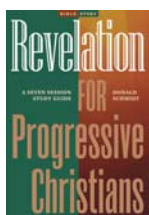
## In Sync with the Sacred, Out of Step with the World

Embracing an Unconventional Life in a Culture of Conformity

*Tom Stella*

In this richly rewarding book, Tom Stella offers insights into what it means to live a "soul-full" life. More than that, he provides a guide on how to approach life in ways that make soul-sense, even if those ways seem like nonsense to the world around us.

**ISBN 978-1-77343-407-0 | 134 pages | 5" x 8.5" | \$19.95**



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### Creation

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### The Beatitudes

**ISBN 978-1-77343-037-9 | 5.5" x 8"**

**| 100 PP | Paperback | \$14.95**

## For Progressive Christians Bible Studies Series

*Donald Schmidt*

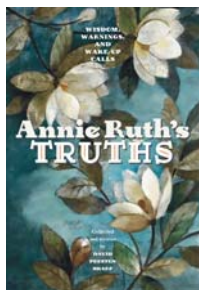
Marcus Borg once said we should take the Bible seriously, but not literally. Wood Lake Publishing's series of Bible study guides seeks to do just that. It digs behind the layers of tradition and instead opens the scriptures in a way that invites us to determine our own understanding. What can faith stories written millennia ago tell us about how to live today? How is God's call for justice relevant in an age of computers, global warming, and pandemics? How can we find simple truths in these ancient texts?

These guides are perfect for individual and group use. Take time by yourself or join with others in a formal or informal study and you will find yourself immersed in wondrous story, freed from any sense that "this is what you must believe" and able to form or develop your own interpretation of texts that are still relevant and vital for today's living.



**2020 Gold  
Medal Winner  
for  
Birth of Jesus**

**2021 Gold  
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The Beatitudes**



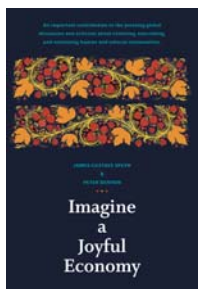
### **Annie Ruth's Truths**

#### **Wisdom, Warnings, and Wake-Up Calls**

*Collected and written by David Preston Sharp*

A humorous, wisdom-filled collection of 111 lively expressions and conversations spoken from the mouth of a remarkable woman, faithfully recorded by her son. Each of Annie Ruth's sayings is a jewel of language and thought. With explanations where needed, Annie Ruth's "truths" cut across culture, race, and nationality, as they contain themes that are part of our common experience as human beings. Young people will benefit from the real world advice, encouragements, and cautions. Older adults will be reminded of sayings from their own particular history, and of the power, faith and wisdom contained in such joy filled expressions rooted in a Christian aesthetic and a deep love of life. Women will hear Annie Ruth's tough love and feminine strength.

**ISBN 978-1-77343-283-0 | 128 pages | 4.75" x 7" | \$12.95**

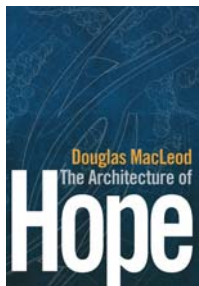


### **Imagine a Joyful Economy**

*James Gustave Speth & Peter Denton*

James Gustave (Gus) Speth and Peter Denton – world experts in their respective fields – are two voices to which we should listen. Speth argues that despite victories in environmental law, habitat protection and conservation, the momentum of the destructive path we are on, driven by profit and the desire for perpetual growth, has only accelerated toward planetary catastrophe. Denton sees Christianity's role as both complicity in the destruction of the natural world, and proposes the positive role it could still play.

**ISBN 978-1-77343-161-1 | 4.75" x 7" | 80 PP | \$12.95**

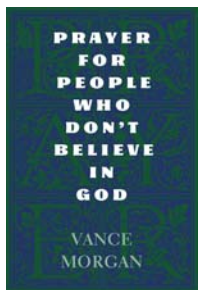


### **The Architecture of Hope**

*Douglas MacLeod*

"Our communities are overpriced, poisonous, overcrowded, unhealthy, wasteful energy pigs – not because they have to be but because it suits the vested interests that build, operate, and control them..." Strong words spoken by a character in *The Architecture of Hope*, Doug MacLeod's compelling glimpse into the near future. And yet this is not, at its core, a work of fiction. It offers an immediately compelling glimpse into the future, a near future only 15 years hence, and a way of living that is decentralized, re-localized, and regenerative.

**ISBN 978-1-77343-174-1 | 4.75" x 7" | 80 PP | \$12.95**

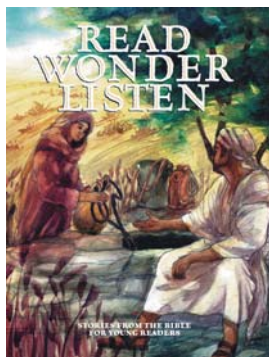


### **Prayer for People Who Don't Believe in God**

*Vance Morgan*

Many progressive Christians struggle with prayer – or, at least, with the kinds of prayer they are often exposed to: shouted, whispered, forceful, timid, begging, and demanding; everything from essay length unscripted petitions, to poetry read from a book, to rote recitations that no one pays much attention to, to pronouncements, to communications in a "prayer language." Working only with the assumption that prayer might have value even for those who are not sure *what*, or *who*, or even *if* God is, this book is about opening oneself to the "possibility of God."

**ISBN 978-1-77343-164-2 | 5.75" x 8.5" | 160 PP | \$19.95**



## Read, Wonder, Listen

### Stories from the Bible for Young Readers

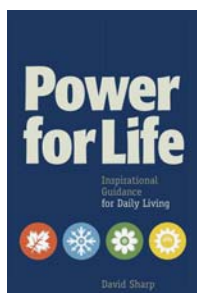
*Laura Alary and Ann Sheng*

"Every person who tells these stories does it in a slightly different way. And every person who reads these stories hears something a bit different. So even though these stories are very old, they are also always new." So writes Laura Alary in the Introduction to the new children's story Bible *Read, Wonder, Listen*. Alary combines her gift for telling the biblical stories, with historical research, contemporary concerns about language, and a compassionate and inclusive theology, making *Read, Wonder, Listen* a perfect children's Bible for progressive Christians.

**ISBN 978-1-77343-041-6 | 8.25" x 11" | 244 PP | Hardcover | \$24.95**



**2018 Gold Medal Winner**



## Power for Life

### Inspirational Guidance for Daily Living

*David Preston Sharp*

There are many ways to grow spiritually. Learning, especially spiritual learning, involves an enduring change in behaviour. The questions and reflections in this book are meant to encourage spiritual growth in daily increments. In other words, this book reflects a slow and steady approach to spiritual growth and learning, with each daily encouragement connected to the day before.

**ISBN 978-1-77343-159-8 | 6" x 9" | 248 pages | \$24.95**



**2020 Silver Medal Winner**



## Activist Alphabet

*Donna Sinclair*

This book is aimed at people of faith who find themselves involved in resistance of any kind; but especially against those projects that hurt creation. Like pipelines or large dams or massive quarries. This book is an effort to figure out why and how environmental activists fall passionately in love with a lake, a river, or a planet and its people. It's a primer, or an alphabet, on how to stay strong enough to keep putting that love into action, over and over.

**ISBN 978-1-77343-154-3 | 5.5" x 8.5" | 176 pages | \$19.95**



**Living Now 2019 Gold Medal Winner**



## Radical Gifts

### Living the Full Christian Life in Troubled Times

*Gene W. Marshall*

"We are living in the midst of a turning point in the history of Christianity that is more radical than the Reformation period, perhaps as radical as the birth of Christianity itself. This emerging form of Christianity is so new that it does not seem to be Christianity at all to many people." Progressive Christians will be immediately drawn to Marshall's discussions of "Spirit" sickness and how to heal it, his reflections on the nature of God, the relevance of the life of Jesus for people today, and the importance of community and of ethical thinking, which are fresh and challenging.

**ISBN 978-1-77343-147-5 | 6" x 9" | 264 PP | \$19.95**



## The Family Story Bible, 3rd Edition

Ralph Milton and Margaret Kyle

From its first publication, *The Family Story Bible* has held a special place among children's Bibles. Its use of inclusive language for God, its emphasis on stories that depict a God of love, its commitment to telling the stories of the *women* as well as the men in the Bible, its positive and life-affirming tone – all of these things have made *The Family Story Bible* a modern classic of children's religious literature. Every bit as marvellous as the text by Ralph Milton, Margaret Kyle's art – bright and colourful, full of wonder and joy – pulls it all together and helps bring the stories to life in the imaginations of children and adults alike.

ISBN 978-1-77343-290-8 | 6.75" x 9.75" | 288 PP | \$24.95

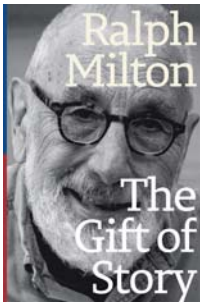
## The Gift of Story

Ralph Milton

In *The Gift of Story*, Ralph Milton romps through a lively reflection on what stories mean to humans, "the storytelling animal," how we can all use stories to enrich our lives, and rejoice in the complementary role that stories and the logic of science play in our lives.

*The Gift of Story* picks up where Milton's live StoryFest events leave off. Those events – led by gifted musicians, artists, and storytellers – were designed to provide a spiritual "shot in the arm, focusing on evocative Bible stories and personal faith experiences." *The 10 StoryFest videos and other downloads, available at [www.woodlakebooks.com/storyfest](http://www.woodlakebooks.com/storyfest), help people come together to enjoy the rich and varied stories of the Bible, and discover ways those stories connect with their lives.*

978-1-77343-032-4 | 6" x 9" | 240 PP | \$19.95



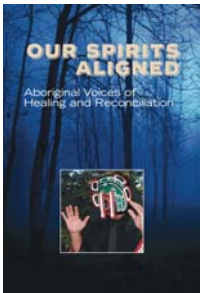
## Our Spirits Aligned

Aboriginal Voices of Healing and Reconciliation

JoAnn Restoule, Wedliidi Speck, Karen Close

How does one define reconciliation in a way that gives meaning to those who have experienced and suffered from colonization and to those who have not? Is it even possible? This book presents a collection of storytellers who have set out to do just that. As Wedliidi Speck states in his introduction to this important book: "By sharing the stories in this book, we hope each reader will find a role in reconciliation by placing all these stories together in a mixing bowl of sorts and coming up with a broader view that will heighten our country's cultural awareness, deepen Canadian sensitivity, sharpen Canadian agility and grow cultural safety in all our country's homes, villages and work spaces."

ISBN 978-1-77343-157-4 | 4.75" x 7" | 100 PP | \$12.95



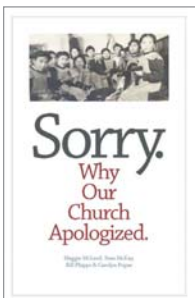
## Sorry

Why Our Church Apologized

Carolyn Pogue, Bill Phipps, Maggie McLeod, & Stanley McKay

Sometimes it is not so hard to say sorry. Sometimes it is very hard. What matters most is meaning it when you say it. This is the story of why the United Church people apologized for the suffering caused by the Indian Residential Schools.

ISBN 978-1-77064-803-6 | 26 PP | 5.5" x 8.5" | Paper | \$9.95





## Faith Forward

*Editor/Compiler: David Csinos*

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## Responsive Prayers Years A, B, and C

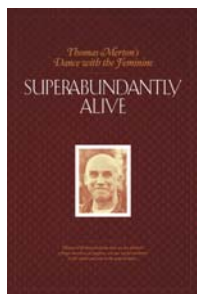
For Every Week of the Church Year  
Revised Common Lectionary

*David Sparks*

By inviting the congregation to participate in the worship prayers, leaders will nurture the growth and engagement of everyone in the gathered community. Each book offers an entire year's worth of responsive prayers that can be adapted to a variety of settings and circumstances. Includes full prayers for the Call to Worship, Opening Prayer, Words of Assurance, Offering Prayer, and Commissioning, as well as an outline for the Pastoral Prayer, and a scripture index. Authorization to reproduce and freely adapt all the prayers in the collection for use in worship is included with the purchase of the book.

ISBN 978-1-77343-406-3 | 3 volumes | 6" x 9" | 296 PP | Paperback | \$78.95

Each volume available individually for \$29.95



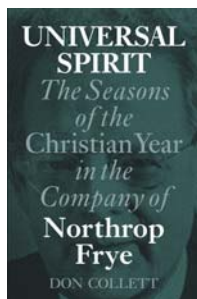
## Superabundantly Alive

Thomas Merton's Dance with the Feminine

*Susan McCaslin and J.S. Porter*

In these early though fruitful days of Merton scholarship, we are well-advised to lift our heads from our desks briefly in order to reflect on Thomas Merton the human being, along with our dedication to his writings and influence.

ISBN 978-1-77343-035-5 | 6" x 9" | 240 PP | \$24.95



## Universal Spirit

The Seasons of the Christian Year in the Company of Northrop Frye

*Don Collett*

To a church that increasingly addresses itself to biblically illiterate people, to people who may have little or no church experience, and to those who simply call themselves spiritual-but-not-religious, Don Collett's look at the Christian year inspired by the work of the great Canadian scholar Northrop Frye offers a priceless gift.

ISBN 978-1-77343-034-8 | 5.5" x 8.5" | 192 PP | \$24.95



### **CPR for the Soul**

**Reviving a Sense of the Sacred in Everyday Life**

*Tom Stella*

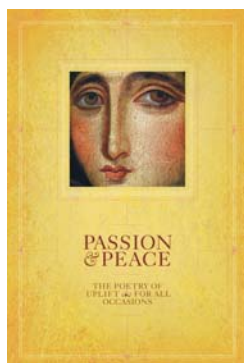
"The fact that you are not dead is not sufficient proof that you are alive!" So begins Tom Stella's insightful, important, and inspiring exploration into the life, death, and rebirth of the soul. He shares the deep, eternal wisdom that knows that the lines separating the sacred and the secular, time and eternity, humanity and divinity, are false. Or, at the very least, blurred. God, by whatever name, is found in the midst of everyday life, work, and relationships. All people, all creation, and all of life is holy ground. This remarkable book offers a revival for the soul, a reminder that "we are one with something vast" – a "something" that "is not a thing or a person, but a spiritual source and force at the heart of life."

**ISBN 978-1-77343-039-3 | 5" x 8.5" | 248 PP | Paper | \$19.95**

**SPirit & SOUL  
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**Spiritual Author**



### **Passion & Peace**

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*Compiled by Diane Tucker*

All cultures we know of, at all times, have had poetry of one sort or another – chants, songs, lullabies, epics, blessings, farewells – to mark life's most important moments, transitions, and transformations. Ever since our species began using words, we have arranged them to please, to experience the pleasures, the fun, of rhythm and rhyme, repetition and pattern. *Passion & Peace: The Poetry of Uplift for All Occasions* was compiled to speak directly to this deep human need, with 120 of the best poems from almost as many classical and contemporary poets, and including a thematic index. A welcome addition to any library and the perfect gift for any occasion, *Passion & Peace* is a heartwarming, uplifting, and inspirational volume.

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*Mark Whittall*

"A leader, an entrepreneur, and a scientist with a pastor's heart leads us on a journey of discovery." This book is about what happens when we let the stories of our lives intersect the stories of our faith tradition. What emerges at that crossroads is preaching, which speaks in the present tense. Mark Whittall weaves our adventures with those of our biblical predecessors, creating new stories that are both relevant and engaging.

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**2018 Gold  
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**Also Available**

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**Stories from an Urban Church**

*Mark Whittall*

Stories from an urban church plant serve as both spiritual autobiography and as manifesto for the paradigm shift that is taking place in today's church.

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We plant seeds that will flower as results in our lives, so best to remove the weeds of anger, avarice, envy and doubt, that peace and abundance may manifest for all. – Dorothy Day

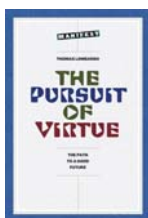
## The MANIFEST Series

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The Path to a Good Future | Tom Lombardo

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### Voice of the Galilean

The Story of a Life, a Journey, a Discovery, a Gift, and a Fate | Rex Weyler

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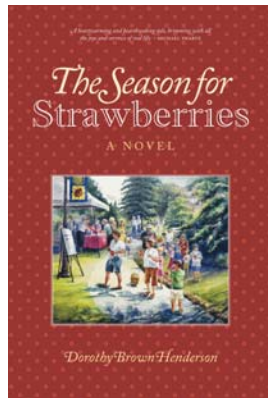
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## The Season for Strawberries

A Novel

Dorothy Brown Henderson

A heartwarming read!

Meet Aleda Vastag – a feisty, single, female pastor who wears red rubber boots, keeps a cranky old horse as a pet, and doesn't mind a good drink, sometimes even in the church basement!

Newly established as the parish's first female pastor, Aleda struggles with feelings of inadequacy and questions the relevance of her ministry as she faces all the characters and challenges, both large and small, that define village life. What happens when the strawberry social is threatened, and when a tragedy shakes the village to its core? *The Season for Strawberries* is a heartwarming and heartbreaking tale brimming with all the joys and sorrows of real life.

Dorothy Brown Henderson lives in Exeter, Ontario, Canada. *The Season for Strawberries* is her first novel, although she has many previous publications including a cookbook, *Loving it Local: Preparing delicious fresh local food*, published in 2014.

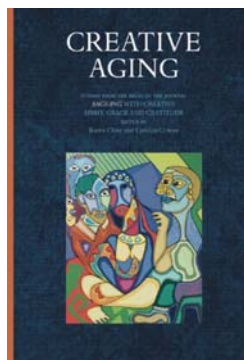
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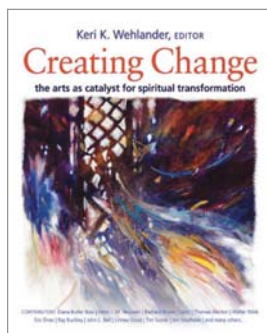
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Creative Aging is a powerful new social and cultural movement that is stirring the imaginations of communities and people everywhere. Often called Sage-ing, it takes many forms: academic, social and personal. Sage-ing is about seeking - satisfying inner gnawing and transforming it to knowing and action. Aging can be alchemy when one allows the realisation that to know thyself and contribute that knowing to our culture is indeed one of life's highest purposes. That knowing brings the gratitude, grace and integrity that a life deserves. The creative journey into self is a strong aid to health and wellbeing for the individual and to our culture. *Creative Aging* brings together more than 50 essays and galleries of images that showcase the power of the imagination expressed and enjoyed.

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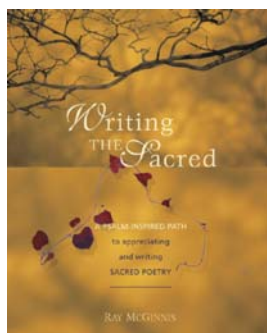
The arts as catalyst for spiritual transformation

*Keri K. Wehlender*

Music, dance, drama, visual art, writing – what role do the arts play in our spiritual life? Some people believe the arts are essential to their spiritual practice because they bring moments of insight and transformation to their journey.

*Creating Change* explores the many ways the arts cultivate spiritual depth and transformation. Stories from artists and congregations reveal how the arts breathe new life into prayer, worship, theological reflection, and the work of justice. It looks at how the arts allow us to express our spirituality with an individuality and depth that truly celebrates our connection to God.

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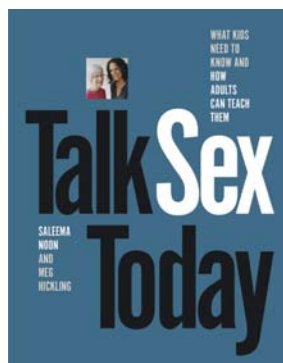
## Writing the Sacred

A Psalm-inspired Path to Appreciating and Writing Sacred Poetry

*Ray McGinnis*

In this unique book, Ray McGinnis offers us a new, deeper, and more meaningful way to explore and understand the Psalms. Vividly connecting us with the original psalm writers, McGinnis discusses the intent and meaning of the historical psalms, and then sets us on a path to creating our own sacred poetry. Explaining the various literary devices used, and the intention behind the various types of psalms, McGinnis leads us through sensory and poetic exercises designed to transform the reader into an inspired modern day psalmist.

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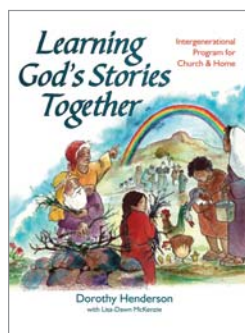
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**What Kids Need to Know and How Adults Can Teach Them**

*Saleema Noon & Meg Hickling*

Not sure what – or how much – information to share with children and teens regarding sex and sexual health? Do you fear what they might ask? Or how to respond to their questions? Or whether you even know the “answers” yourself? Saleema Noon knows all about these fears and concerns. An expert in sexual health education and stepparent to two teenage daughters herself, she understands the challenges adults face when addressing sensitive topics with their kids. In *Talk Sex Today*, Noon delivers an intelligent and sensible blend of safe, inclusive, and practical information for children and teens – and the adults who love them.

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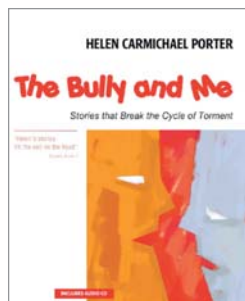
## Learning God's Stories Together

**Intergenerational Program for Church & Home**

*Lisa-Dawn McKenzie and Dorothy Henderson*

In this valuable resource, McKenzie and Henderson explains, encourages and enables all-ages learning. People looking for help in developing an all-ages learning program will be heartened by the wealth of practical advice *Learning God's Stories Together* provides.

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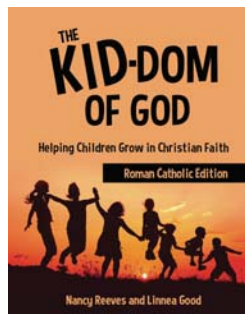
## The Bully and Me

**Stories That Break the Cycle of Torment**

*Helen Carmichael Porter*

The stories in *The Bully and Me* are first person accounts by both victims and bullies. The victims try to change the situation and usually, but not always, succeed. The stories are descriptive narratives of what happens to real people. They are based on Porter's observations, countless interviews, personal experience, and imagination. The book explores the idea that victims and bullies are two sides of the same coin and that the healing of both lies in dealing with this paradox.

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## The Kid-dom of God

**Helping Children Grow in Christian Faith**

*Nancy Reeves and Linnea Good*

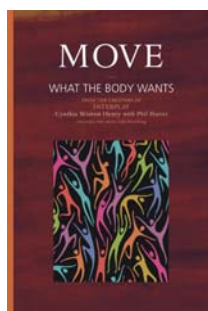
Many parents wonder how to share their faith in a way that respects their child's need to develop and grow their own spirituality. A complete collection of the award-winning “Children Celebrate” columns by psychologist Nancy Reeves, Ph.D., and composer/musician Linnea Good.

The Protestant and Roman Catholic editions reflect the language, traditions, and practices of each tradition, respectively.

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## Move

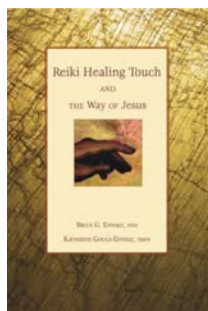
### What the Body Wants

*Cynthia Winton-Henry & Phil Porter*

What If the Hokey Pokey Is What It's All About?

If you were to look one place in the world to find a more embodied, playful and grace-filled life, the InterPlay people would tell you to go straight to the source! Your own body! Read this book as inspiration or as a guide to the practice of InterPlay. Most exercises can be done alone or with a partner. However, InterPlay is at its best as a communal practice. Included with the book is online access to the full-length Interplay album *Like Breathing*, which will help awaken your body wisdom.

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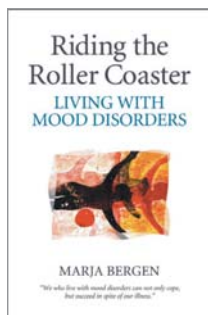
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*Katherine Gould Epperly & Bruce Epperly*

One of the first books to offer a broadened understanding of the spiritual depth of Reiki healing touch by examining it in the light of one of the world's enduring religions! Explore the origins of Reiki and the Hebraic roots of Jesus' own healing ministry, and discover the use of Reiki in church, hospital, and hospice settings, as well as in the context of the treatment of cancer, chronic and terminal illness, and death and bereavement.

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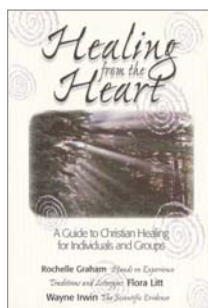
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### Living with Mood Disorders

*Marja Bergen*

Mood disorders, such as depression and manic depression, affect up to 10% of the population. Marja Bergen is one of those people. Over the 30 years that she has had manic depression, she has gradually adopted a lifestyle that makes it possible not only to cope, but to live a full and productive life.

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### A Guide to Christian Healing for Individuals and Groups

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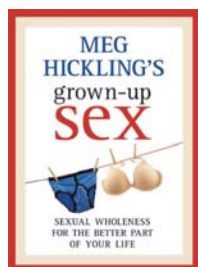
## Eyes Wide Open

### Spiritual resources for healing from childhood sexual assault

*Louise Cummings*

In this intimate, passionate, and honest portrait of her experiences recovering memories of sexual abuse, Louise Cummings's book *Eyes Wide Open* addresses the feelings and issues survivors must face in order to heal: grief, anger, trust, fear, and change.

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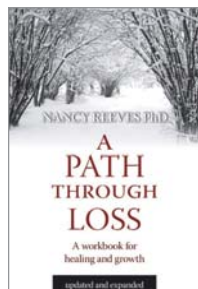


## **Meg Hickling's Grown-up Sex** Sexual Wholeness for the Better Part of Your Life

*Meg Hickling*

Meg's down-to-earth, no-nonsense style engages readers in topics such as the importance and meaning of sexual maturity, healing from old sexual wounds, male and female midlife changes, the use of pharmaceutical and other aids to sex, homosexuality and homophobia, and the sexuality and sexual needs of elders. Meg's "whole person" approach respects the roles of personal and family values, spirituality, and community.

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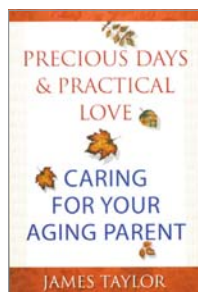


## **A Path Through Loss** A Workbook for Healing and Growth, Updated and Expanded

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*A Path Through Loss* is a self-directed workbook to guide the reader through the process of grief. Grief can result from many things: divorce or separation, abuse, unemployment, a serious injury or chronic/terminal illness, death, loss of childhood due to a parent illness or substance abuse, or a life transition, such as career change, a move, or retirement.

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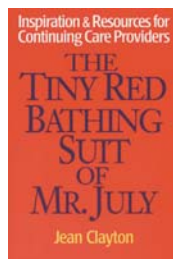


## **Precious Days & Practical Love** Caring for Your Aging Parent

*James Taylor*

Caring for an aging parent involves more than finding a care facility or dealing with legal and financial matters. It means feeling the frustration of always being "on call" if you live close by, or feeling helpless and guilty because you live far away and can do relatively little. It means riding the emotional roller coaster of having your roles reversed.

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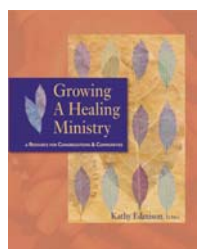


## **The Tiny Red Bathing Suit of Mr. July** Inspiration & Resources for Continuing Care Providers

*Jean Clayton*

Most residents of continuing care facilities are dealing with losses and many changes. *The Tiny Red Bathing Suit of Mr. July*, written by hospital chaplain Jean Clayton, deals with key issues for the chronically ill, aging, and disabled including sexuality, grief, and mental illness.

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## Oil & Water

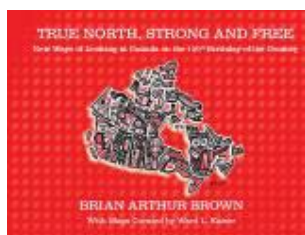
### Two Faiths: One God

*Amir Hussain*

Listen to any news broadcast today and the message comes through loud and clear: Islam is a religion of violence and behind every Muslim there lurks a potential terrorist. Islam is a threat to values of the Christian West. They are like oil and water. Clearly, they don't mix.

*Oil & Water: Two Faiths One God* confronts these popular perceptions head-on. With keen insight and gentle understanding, it explores the differences between Christianity and Islam, as well as the many things these two enduring faith traditions hold in common - including, first and foremost, their belief in and desire to be faithful to the one, true God; their shared roots and scripture (from the Jewish faith); and the spiritual values of peace and social justice.

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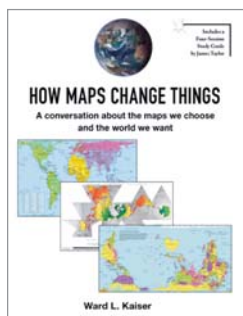
## True North Strong and Free

### New Ways of Looking at Canada on the 150th Birthday of the Country

*Brian Arthur Brown*

Canadian author Brian Arthur Brown and internationally renowned map maker Ward L. Kaiser, both United Church ministers, team up with Canada's National Chief of the Assembly of First Nations, the Leader of the Green Party, the Bishop of the Arctic, and political visionaries from Niagara to Yukon to put Truth & Reconciliation into the heart of the 2017 sesquicentennial. *True North Strong and Free* is a souvenir book that celebrates Canada's dynamic history, its exciting present opportunities, and looks to the country's promising future.

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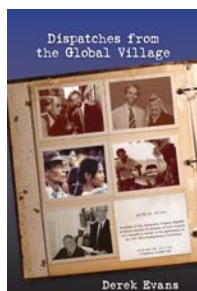
## How Maps Change Things

### A conversation about the maps we choose and the world we want

*Ward L. Kaiser*

This full-colour book is about politics and faith and the values we hold. It's about human relations, social justice, peace, budgets, and environmental concerns. It's about that "Aha!" moment when we realize that maps are loaded not just with data, but with meaning, with the map maker's perceptions and prejudices about what's important and what's not. Ultimately, this book is about becoming aware of how we shape and use maps and how they in turn shape us, so that we can begin to reflect on and choose the kind of world we want. The book includes an experiential Study Guide perfect for use by adult and youth study groups of all kinds.

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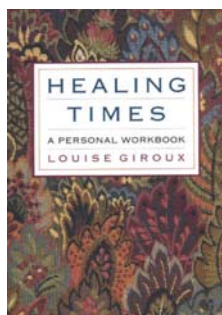


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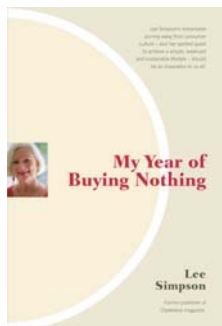
### A Personal Workbook

*Louise Giroux*

If you're looking for a hands-on resource to help you increase your self-awareness and improve your day-to-day life, then Louise Giroux's *Healing Times* is for you.

The twelve chapters cover such subjects as family of origin, inner-child work, sexuality, couple relationships, career, parenting, illness and divorce. Includes case studies as well as a variety of creative, insightful exercises for you to use for personal healing.

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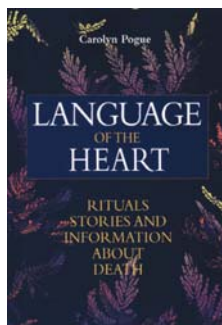
## My Year of Buying Nothing

*Lee Simpson*

Lee Simpson may seem like an unlikely candidate to don the mantle of anti-consumerist prophet. She is, after all, the former publisher of Canada's most successful women's lifestyles magazine, *Chatelaine*. But that is just the first of many surprising things about her new book *My Year of Buying Nothing*.

Simpson invites readers into her world to witness first hand the struggles she faced, the decisions and compromises she had to make, and the epiphanies and wisdom she won during her year-long attempt to shed her "consumer" skin and live a more sustainable, more authentic, more earth-friendly life.

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## Language of the Heart

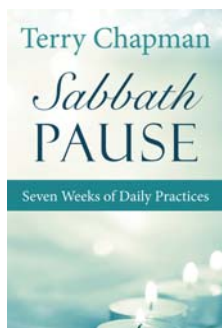
### Rituals, Stories and Information About Death

*Carolyn Pogue*

Funeral or memorial ceremonies are important in meeting the social and emotional needs of survivors. They can be important rituals to help us acknowledge a death and can often help people express pain.

In *Language of the Heart*, author Carolyn Pogue offers stories and resources for creating meaningful and healing ceremonies. The book answers the questions many of us have about financial and legal matters, living wills and ethical wills, organ donation, and what to expect at a funeral home.

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### From Famine to Feast

*Donna Schaper*

Donna Schaper offers encouragement and advice on how to leave the land of famine and find a seat at the feast. Discussing and then moving beyond the systemic sources of the time famine, Schaper's ultimate goal is to explore "the inner way, the way we have internalized the commandments of multiple systems and feel bad or wrong or in violation or out of compliance if we don't obey our orders to be busy, active, connected, overworked, and time famished." Schaper provides a spiritual practice for each week of the year, designed to bring us to our place of feast.

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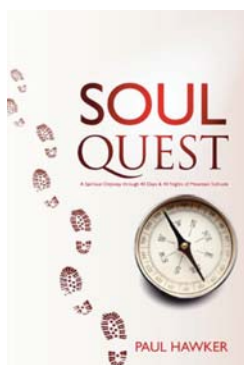
## Soul Quest

### A Spiritual Odyssey through 40 Days and 40 Nights of Mountain Solitude

*Paul Hawker*

Finding himself at midlife, feeling hollow and like a fraud, Paul Hawker embarks on a journey into the wilderness. In the tradition of the vision quest, like a hero in a mythic tale, he leaves his family and community to spend 40 days and 40 nights on a New Zealand mountaintop knowing full well the solitude, deprivation, and dangers he will face from exposure to the elements. But like many mystics and sages before him, he chooses a path of physical and spiritual testing as a way to break through the veneer of his life.

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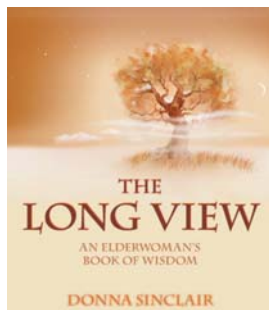
## The Long View

### An Elderwoman's Book of Wisdom

*Donna Sinclair*

*The Long View* is all about finding and offering hope. It's about claiming the full meaning of eldership and knowing that elderwomen have much to offer. This collection of 365 daily reflections offers elderwomen (and younger women who wish to listen in) an opportunity to nourish the wisdom and deep knowing that comes from life experience. It also holds out the potential for growth, the opportunity to waken to different perspectives that can lead to rich possibilities and courageous actions.

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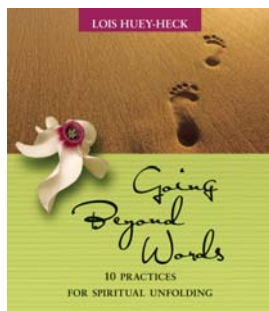
## Going Beyond Words

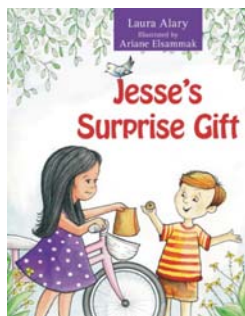
### 10 Practices for Spiritual Unfolding

*Lois Huey-Heck*

Offers spiritual practices that have their roots in ancient tradition and have been adapted and refined to be relevant and accessible to anyone interested in spiritual unfolding. Utilizing word, image, sound, and silence to engage our cognitive, emotional, and physical intelligences, the practices encourage and celebrate the ongoing process of spiritual transformation. The practices are designed to expand our repertoire of ways to be present to ourselves, to each other, to the cosmos, and to the Holy – in other words, ways to do our part in serving the Great Work.

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## **Jesse's Surprise Gift**

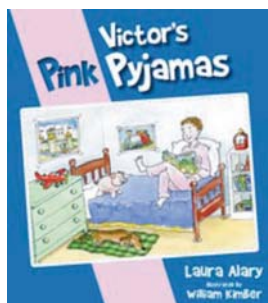
*Laura Alary*

*Illustrated by Ariane Elsamak*

What Jesse wants most is a guitar. But it seems beyond his reach. His mom can't afford to buy him one, but she gives him an ocarina instead. Jesse is grateful and disappointed at the same time, so he goes out for a walk. Along the way he meets others who need his help. He gives what he can and learns that we can't always predict the results of our actions.

Author Laura Alary's charming story is full of unexpected twists and is based on a well-loved tale from India about giving (and receiving). Ariane Elsamak's whimsical illustrations draw us into the story, as we journey with Jesse and find ourselves surprised at how open-hearted giving is a gift in itself.

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## **Victor's Pink Pyjamas**

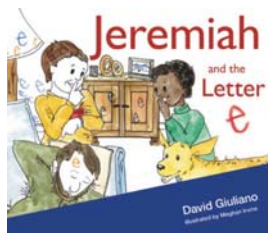
*Laura Alary*

*Illustrated by William Kimber*

Victor loves his pink (accident-in-the-washing-machine) pyjamas. But not everyone does. His father and sister think pink is just for girls. But Victor knows that lots of wonderful things are pink – like strawberry ice cream, bubble gum, and walrus basking in the sun – and they're not just for girls. What will happen when Victor outgrows his pink pyjamas and needs a new pair?

This engaging and humorous book explores what it is like to make choices that are different from the cultural norm.

**ISBN 978-1-77064-571-4 | 8" x 9" | 32 PP | Paper | \$12.95**



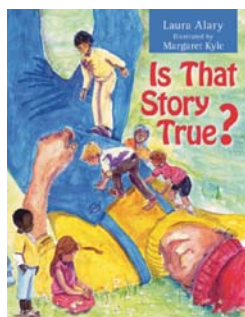
## **Jeremiah and the Letter e**

*David Giuliano*

*Illustrated by Meghan Irvine*

When Jeremiah starts kindergarten, he is good at learning lots of things. But no matter how hard he tries, he can't seem to make the letter "e." And his name has two "e's" in it! Author David Giuliano and illustrator Meghan Irvine team up to create an engaging and humorous look at facing the ongoing challenges of life. There is always something new to learn, including how to listen to the small voice inside that encourages us to keep trying – with surprising results.

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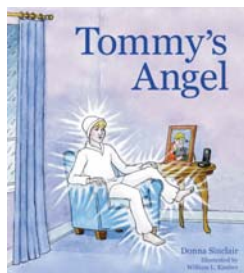
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*Laura Alary*

*Illustrated by Margaret Kyle*

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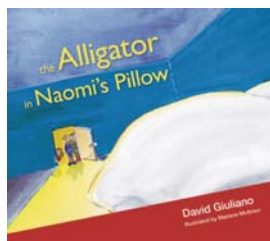
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*Donna Sinclair*

*Illustrated by William Kimber*

When Tommy's dog, Paddy, dies, Tommy is sad. He doesn't want another dog. He just wants Paddy. Then an angel visits Tommy. The angel reminds Tommy that he was a great dog owner, and that Paddy loved him very much – as much as Tommy loved Paddy. Tommy finds that his heart can hold even more than his enormous love for Paddy. This gentle and honest look at the loss of a loved one ends with "I wonder" questions for children, and a section for adults on talking to children about loss.

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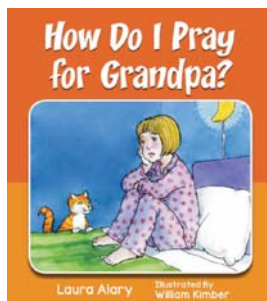
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*David Giuliano*

*Illustrated by Marlene McBrien*

There's an alligator in her pillow and she needs mom and dad to make it go away. Over a few nights, Naomi's parents groggily try different approaches to rid Naomi's pillow of the alligator, but in the end it is Naomi who comes up with a way to face her scary nocturnal visitor. Naomi's parents gently and sleepily allow her to explore her fear of the alligator in a supportive way. What can be seen as a troubling and upsetting event (for both parents and child) is sensitively and realistically dealt with by a deft and light hand.

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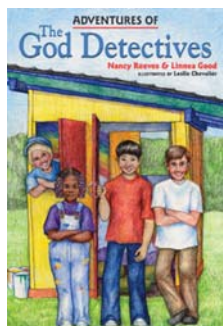
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*Laura Alary*

*Illustrated by William Kimber*

Miriam's Grandpa gets ill one day and everyone in the family is worried. Miriam asks God to make Grandpa better, but he stays sick. During this time, Miriam finds that there are many ways to see and speak to God, and that prayer may not be answered in the way we would like it. She learns that prayer can be like many things – bubbles in the wind, or water being soaked up by plant roots, and that prayer can always comfort, whether we are aware of it or not. This book is a gentle exploration of how children might pray, and how adults can help them understand some of the mystery of prayer.

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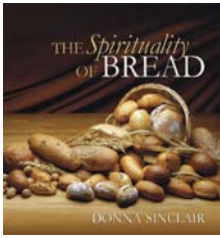


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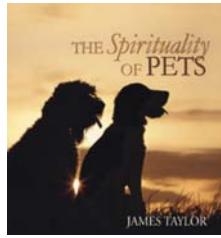


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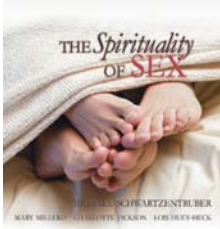


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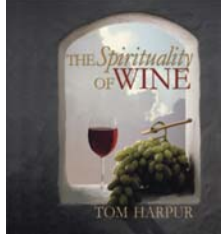


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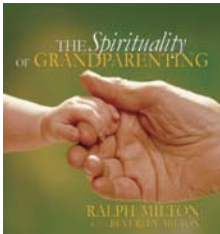


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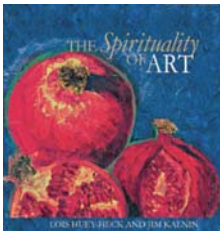


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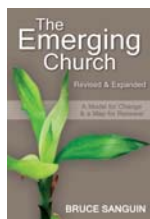


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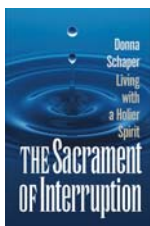


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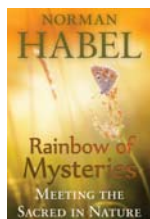
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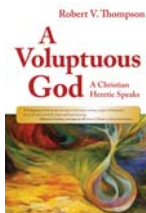
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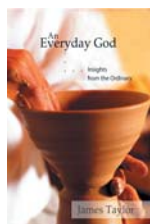
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